

PE 136: Scuba Diving I

Scuba certification "Open Water". Learn the basics of scuba diving in a safe and fun setting. Pool/lecture and ocean, NAUI certification. (E)

Course Student Learning Outcomes

1. Complete Swim evaluation, skin diving SCUBA set-up, breathing underwater, regulator recovery, mask clearing, buoyancy and equalization, Dive logs
2. Demonstrate Seated entry, neutral buoyancy, ascents and descents, SCUBA removal, weightbelt removal and recovery, Dive logs & Tables
3. Demonstrate Giant stride, air sharing, mask removal, neutral buoyancy, Back roll, CESA, Self rescue, assisting other divers,
4. Ocean Skin Dive, skills review
5. Complete Dive Logs & Tables

Credits: 3

Program: **Physical Education**